

EL CIRCO
Mexico

Notes: The Circus is a polka from Northern Mexico, choreographed by Sra. Alura F. de Angeles.

Record: ECO No. 347, La Cacahuata; B-5, El Circo. 2/4 meter Peerless EPP 651

Formation: Cpls in a circle, facing LOD, W on M R. Inside hands joined, M has thumb of free hand in front of belt, W holds skirt with free hand. Steps are described for M; W use opp ftwk except as noted.

<u>Meas</u>	<u>Action</u>
1/2	Introduction
	<u>FIGURE I. REPIQUETIADO</u>
1	Leap onto R ft (ct 1); touch L heel, toes turned in, near R ft (ct &); hop on R in place (ct 2); touch L heel, toes turned out, near R ft (ct &).
2	Repeat action of meas 1, with opp ftwk. On these two meas ptrs turn a little twd (meas 1) and away (meas 2) from each other.
3	Leap onto R ft, touching L toe behind R (ct 1); hop on R, touching L toe behind R (ct 2).
4	Repeat action of meas 3, with opp ftwk. M dances meas 3 and 4 in place, while W turns CW under joined hands.
5-12	Repeat action of meas 1-4, twice; three times in all.
13-16	Ptrs separate from each other, M turning CCW, W CW, with eight walking steps (two per meas), each step preceded by a scuff of the heel on the "&" cts. Each makes one complete circle. M thumbs are in front of belt; W hold skirt at sides and places hands on hips.
	<u>CHORUS:</u> Inside hands rejoined.
1-14	Repeat action of meas 1-2, Fig. I, seven times, progressing LOD.
15	Jump onto both ft in stride pos, turning to face ptr and joining both hands straight across, M L & W R, M R & W L.
	<u>FIGURE II. DOUBLE WRAP AROUND.</u>
1	In this pos W makes a half turn to own R ending with her L forearm behind her back at waist level; R forearm across her body at waist level. W has her back to her ptr and hands are still joined. <u>W Step:</u> Leap onto L ft (ct 1); touch R toe behind L ft (ct &); step in place with L ft (ct 2); touch R toe behind L ft (ct &). <u>M Step:</u> Repeat action of meas 3, Figure I.
2	Repeat action of meas 1, Figure II, with opp ftwk to return to orig pos.
3-10	Repeat action of meas 1-2, Fig. II, four more times, five in all.

EL CIRCO (continued)

- 11 Release hands and jump in stride pos, turning to face LOD (ct 1); W hold skirt on each hip; M tuck thumbs in front of belt. Hold (cts &, 2); scuff R heel to R (ct &).
- 12 Step R (ct 1); hold (cts &, 2); scuff L heel to L (ct &).
- 13 Step L (ct 1); hold (ct 2).
- 14-15 Salto de conejo: jump fwd, wt on both ft, three times (cts 1,2,1)

CHORUS: Inside hands rejoined

- 1/2 meas No action.
- 1-15 Repeat action of Chorus, turning to face ptr and take knuckle grasp on the stride on meas 15.

FIGURE III. PASO DE MARIPOSA (butterfly step)

- 1-2 With hands joined in a knuckle grasp, repeat action of meas 3-4, Figure I, extending ft and body as far away from ptr as is comfortable.
- 3-4 Extending joined hands out to sides turn CW as a cpl 180°, using same ftwk as in meas 1-2, Figure III.
- 5-12 Repeat action of meas 1-4, Figure III, two more times, three in all, to end in ptr place.
- 13 Releasing hands, stamp R ft fwd, toes turned to L, no wt (ct 1); step R next to L (ct &); step L, R, turning 1/2 CW (cts 2, &).
- 14 Repeat action of meas 13, Fig. III, with opp ftwk & direction.
- 15-16 Repeat action of meas 13-14, Figure III.
- 17 Stamp R ft fwd, no wt (ct 1); hold (ct 2).

CHORUS: Change back to orig pos

- 1-4 Repeat ftwk of Chorus, returning to orig pos, passing R shldr and turning R (CW) to finish side by side, facing in LOD.
- 5-15 Rejoin hands and progress in LOD with Chorus steps. Finish facing LOD in stride pos.

FIGURE IV. PASEO DE TRISCADO (Windshield wiper step)

- Both ptrs use same ftwk.
- 1 Jump again in same stride pos, knees well bent and turned out (ct 1); hopping on L, lift R ft, knee bent, in front of L shin (ct 2).
- 2 Repeat action of meas 1, Figure IV, with opp ftwk.
- 3 Turning body to own R, leap onto L simultaneously tapping R toe on floor behind L leg (ct 1); hop on L, repeating R toe tap (ct 2).
- 4 Repeat action of meas 3, Figure IV, with opp ftwk and direction (turn body to L).
- 5-12 Repeat action of meas 1-4, Figure IV, twice, three times in all.
- 13 Paso de zapateado rapido: with R heel next to L instep: Stamp eight times rapidly alternating ft and beginning with an accented stamp on L ft.
- 14-15 Repeat action of meas 13, Figure IV. M does not take wt on final stamp R.

EL CIRCO (continued)

CHORUS: Hands not joined, W hold skirt on each hip;
M tuck thumbs in front of belt.

- 1-15 Repeat action of Chorus, moving in LOD. On meas 15 jump into stride pos, turning to face ptr and join R hands, palm to palm.

FIGURE V: SINGLE WRAP AROUND.

Cpl describes a CW circling pattern as M assists ptr to turn CCW on meas 1 so that her back is to M, and pushes her with his L hand at her L shldr blade to assist her in a CW turn to face him on meas 2. Continue this pattern through meas 10.

- 1 M Step: step fwd onto R ft (ct 1); close L to R ft (ct 2); step in place on R ft (ct 3); hold (ct 4).
2 Repeat action of meas 1, Figure V, with opp ftwk.
3-10 Repeat action of meas 1-2, Figure V.
W Step:
1-10 Repeat ftwk as in meas 3-4, Figure I (leap, hop with simultaneous toe taps), turning CCW and CW alternately on each meas.
11 Both M and W repeat action of meas 1, Figure V, end facing LOD and release hands. M does not take wt on final step on R.
12 Jarabe step in place, same ftwork for M and W. Strike R heel (ct & of previous meas); step on L (ct 1); step on ball of R ft (ct &); step on L (ct 2); strike R heel (ct &).
13-14 Repeat action of meas 12 (Figure V). During Jarabe Step W holds skirt at each side and puts her hands on hips; M tucks thumbs into belt at front of waist.

CHORUS AND FINALE: Inside hands joined.

- 1/2 meas No action.
1-12 Repeat action of Chorus, meas 1-12.
13-16 Release hands, W hold skirt on hips, M tuck thumbs in front belt; walk fwd seven steps (two per meas) each preceded with a scuff of the heel. Stamp free ft fwd (M L; W R) on meas 16 (ct 2), and hold pose, wt on back ft.

Presented by Alura de Angeles